



Garh-Gorkha

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Roopkund Trek

Lake, Skeletons and the Mystery

Max Altitude : 4889m

Region : Garhwal Himalayas, Uttarakhand

Trek Length : 53km

Grade : Moderate

Price : 10800 INR

Best time to visit : May, June, August, September, October

Duration : 7N/7D

Peaks in sight :-

Mt.Trishul, Nanda Ghunti, Mt.Neelkanth



BRIEF ITINERARY

Day 1 - Arrival at Lohajung and stay at Wan Village (Lohajung to Wan village - 14km drive).

Day 2 - Wan village to BedniBugyal (12km trek).

Day 3 - BedniBugyal to PatharNauchni (5km trek).

Day 4 - PatharNauchni to Baguabasa (5km trek).

Day 5 - Baguabasa - Roopkund - Jyunragali and back to PatharNauchni (13km trek).

Day 6 - PatharNauchni to Ali Bugyal (8km trek).

Day 7 - Ali Bugyal to Wan Village (10km trek).

Day 8 - Departure.





Cost Terms :

Trek cost : 10800 INR (for fixed departures)

For customised dates please call on :

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Inclusion :

- experienced trek staff: trek leader, support staff(cook, helper, paramedic)
- accommodation: hotel, homestay, guest house, tent
- all meals during trek
- trekking equipments: all tents(including kitchen, dining & toilet tent), sleeping bags, mattress, fleece inners, crampons, utensils
- charges: permit fee, forest camping charges
- medical kit: medicines, oxygen cylinder, first aid
- mules/ porters

Exclusion :

- Transport upto Wan village and back from Wan village
- Rucksack offloading charges for the trek

Note :

1. We can also provide you transport from nearest airport/rail head/ city at a cost ranging from 4000rs to 6000rs. Depending upon the distance to base camp, the price is applicable for 8 persons. If you wish to negotiate yourself, we can also provide you the contacts of cab service providers.
2. Offloading charges are 300/bag for one day on informing 7 days before the commencement of the trek, thereafter, 350/ bag for one day.
3. In case of illness/ sickness/ injury, the trekker will be escorted back to base camp by the support staff.

How to reach



Trek services start from - Wan

Rail head - Kathgodam

Nearest airport - Delhi

Inter state Bus terminal - Haldwani/Kathgodam

www.garhgorkha.com



Using Taxi :

From any of the spot as per request, we can arrange a pick and drop from Kathgodam/Haldwani to basecamp. Cost will be shared by the travellers on equal basis. The fare is approximately 6500 rs. for sumo/bolero/max one way which can accommodate upto 8 people. While a Tempo traveler is a better choice for upto 14 people at cost of approximately 10000 rs. It is not the part of trek fee and to be paid directly to the taxi operator. We can also forward you the contacts of operators to negotiate yourself.

Note : There may be surge in above mentioned prices at the time of Char DhamYatra season.

Using publictransport :

From Haldwani bus stand on nainitalraod, you can take Uttarakhand transport buses to Lohajung/Wan. Roughly 215 kms journey will take 7-8 hrs. Buses are available as early at 6:00 AM. It is low on pocket at approximately 500 rs per person.

How to reach Kathgodam/Haldwani :

Haldwani and Kathgodamis connected to all other cities of the country through these modes:

Rail connectivity :

Train from	Train name	Train no.
Delhi	UtrahtiaSamprk K Express	15036
Delhi	KathgodamAnandViharTrmSht	12039
Lucknow	KgmLjn Special	05044
Kanpur	Kanpur Central GaribRath	12210
Jammu	Jammu Garib Rat	12207
Dehradun	Kathgodam Dehradun Express	14119
Kolkata	Bagh Express	13020
Delhi	UtrahtiaSamprk K Express	15035
Jaisalmer	Ranikhet Express	15013

Road connectivity :

ISBT Haldwani is connected to Delhi and other cities. You can find bus scheduled throughout the day or visit www.utconline.com to book tickets.

GET EQUIPPED :

Quick guide to understand the basics of trek essentials to make your trekking in the himalayas less worrisome and more pleasant. All the necessary items are quoted below to pack into your rucksack/backpack, yet keeping it light. Try to limit the quantity on the basis of duration of the trek, season and weight carrying capacity. Every gram matters on the ascent. Try to arrange the priorities without compromising the safety and necessity. A medium trek is 4/5 days and long duration trek is 6 to 8days. All the products should be light weight in this regard. Even if you feel the incapacity to carry your rucksack, you can also offload by paying quoted price.

Trek essentials involves :

TREKKING GEAR Sport Sunglasses Head Lamp Waterproof Rucksack (45 litres or more) Trekking Pole Thermal Water Bottle Gaiters - 1 pair, if required Water resistant and high ankle Trekking Shoes	HIGH ALTITUDE CLOTHING Sun Cap/Hat Wollen Cap Neck Gaiters Poncho Wind Cheater T shirts (Full Sleeves) Fleece T shirt Fleece Jacket Down Feather Jacket Thermal Inner (Upper and Lower both) Waterproof Gloves Wollen Gloves Trek Pant with Fleece Cotton Socks Wollen Socks Floaters
TOILETRIES Sunscreen Hand Sanitizer Moisturizer Quick Dry Towel Anti Bacterial Powder Tooth Brush Tooth Paste Lip Balm	PERSONAL MEDICAL KIT Crepe Bandage Pain relief Spray Knee Cap Anti fungal powder ORS – 6-8 Packets Gauze – 1 Roll (Small) Cotton – 1 Roll (Small)

Our Other sites :

garhgorkhatrekkers.com

dayarabugyaltrek.com

roopkundlaketrek.com

